

**CHUNG MEA HA, MD, PC**  
**MEDICAL HISTORY (version 9/15/16)**

Name \_\_\_\_\_ Preferred Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

**MEDICAL HISTORY:** Have you EVER had any of the following?

- |   |  |  |   |
|---|--|--|---|
| <input type="checkbox"/> High cholesterol         | <input type="checkbox"/> Lung disease            | <input type="checkbox"/> Bleeding problems       | <input type="checkbox"/> Seizure/epilepsy     |
| <input type="checkbox"/> High blood pressure      | <input type="checkbox"/> Asthma                  | <input type="checkbox"/> Anemia                  | <input type="checkbox"/> Headaches/migraines  |
| <input type="checkbox"/> Heart disease/attack     | <input type="checkbox"/> Pneumonia               | <input type="checkbox"/> Sickle cell             | <input type="checkbox"/> Depression/anxiety   |
| <input type="checkbox"/> Stroke                   | <input type="checkbox"/> Tuberculosis            | <input type="checkbox"/> Genetic disorder        | <input type="checkbox"/> Drug/alcohol problem |
| <input type="checkbox"/> Kidney disease/infection | <input type="checkbox"/> Gall bladder problems   | <input type="checkbox"/> Blood transfusion       | <input type="checkbox"/> Diabetes             |
| <input type="checkbox"/> Mitral valve prolapse    | <input type="checkbox"/> Liver disease/hepatitis | <input type="checkbox"/> Blood clots(lungs/legs) | <input type="checkbox"/> Thyroid problem      |
| <input type="checkbox"/> Arthritis                | <input type="checkbox"/> Bladder infections      | <input type="checkbox"/> Pelvic infections       | <input type="checkbox"/> Cancer               |
| <input type="checkbox"/> Other _____              |  |  |   |

**MEDICATIONS:** List ALL medications you are currently taking, include over-the-counter, vitamins, herbal remedies: \_\_\_\_\_

**ALLERGIES:** List ALL allergies to medications/latex and the reaction: \_\_\_\_\_

**SURGERIES:** List ALL surgeries with dates: \_\_\_\_\_

**GYNECOLOGY:** First period started age \_\_\_\_\_ Last period started (date) \_\_\_\_\_

- Menstrual cycles are:     Regular                       Irregular                       Every \_\_ Days  
Menstrual pain is:         None/Mild                       Moderate                       Severe  
Menstrual flow is:         None/Light                       Moderate                       Heavy     Lasts \_\_ Days

The last time I had intercourse was \_\_\_ days/weeks/months/years.     Never  
Current partner(s)?     Yes     No     Male     Female    How long? \_\_\_\_\_

Birth Control Methods:     None     Calendar/rhythm method     Withdrawal     Condom  
                                   Pill     Patch     Vaginal ring     Depo Provera     Implanon/Nexplanon  
                                   IUD (Copper/Mirena/Skyla/Liletta)     Tubal ligation     Essure     Vasectomy

Have you ever had a sexually transmitted infection?     Never     Never tested  
                                   Chlamydia     Gonorrhea     Trichomonas                       Herpes     Type 1     Type 2     Oral     Genital  
                                   HPV     Genital Warts                       Hepatitis B     Hepatitis C     HIV     Syphilis

Have you ever had any of the following?     Ovarian cysts     Fibroids     Endometriosis     Polyp     PCOS

Last Pap Smear (date) \_\_\_\_\_  Never     Normal     Abnormal     Atypical     Low grade     High grade  
Treatment?     None     Colposcopy     Cryo (freezing)     LEEP     Cone     Laser

Last Mammogram (date) \_\_\_\_\_  Never     Normal     Abnormal \_\_\_\_\_  
Treatment/Biopsy? \_\_\_\_\_

Last Colonoscopy (date) \_\_\_\_\_  Never     Normal     Abnormal \_\_\_\_\_

Last Bone density (DEXA) (date) \_\_\_\_\_  Never     Normal     Osteopenia     Osteoporosis

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**MEDICAL HISTORY**

**OBSTETRIC HISTORY**    Never pregnant

Pregnancies in order, including miscarriage, ectopic (tubal), abortion, stillbirth and premature birth.

Year	M/F	Weight	Delivery Type (vaginal, cesarean, vacuum, forceps)	Problems (preterm, diabetes, high blood pressure, bleeding, infection)	Name/Age

Any more pregnancies than listed above?    No    Yes

Comments \_\_\_\_\_

**FAMILY HISTORY:** Please list any close relatives with a history of the following:

- |                                   |   |
|-----------------------------------|---|
| _ High blood pressure _____       | _ Genetic disorders _____   |
| _ Heart disease _____             | _ Colon polyps/cancer _____   |
| _ Stroke _____                    | _ Breast cancer _____   |
| _ Diabetes _____                  | _ Uterine cancer _____  |
| _ Bleeding problems _____         | _ Ovarian cancer _____  |
| _ Blood clots in lungs/legs _____ | _ Other _____   |
| _ Family health history unknown   | _ Are you adopted? <input type="checkbox"/> No <input type="checkbox"/> Yes |

Comments \_\_\_\_\_

**SOCIAL HISTORY:** Where are you from initially? \_\_\_\_\_ How long in Alaska? \_\_\_\_\_

- |   |                                  |
|---|----------------------------------|
| Tobacco    _No    _Yes    _____ #packs per day/week/month   | Started age _____ Quit age _____ |
| Alcohol     _No    _Yes    _____ #drinks per day/week/month | Type _____                       |
| Street Drugs _No    _Yes    _____ amount per day/week/month | Type _____                       |
| Caffeine    _No    _Yes    _____ amount per day/week/month  | Type _____                       |

**REVIEW OF SYSTEMS**

Do you feel generally healthy?    No    Yes  
 Do you currently have any of the following?

- |   |  |
|---|--|
| Fever/chills                    _No    _Yes | Frequent urination                _No    _Yes  |
| Weight loss                    _No    _Yes  | Painful urination                  _No    _Yes |
| Chest pain                     _No    _Yes  | Urinary urgency                  _No    _Yes   |
| Shortness of breath           _No    _Yes   | Urinary leakage                  _No    _Yes   |
| Cough                          _No    _Yes  | Stool/gas leakage                _No    _Yes   |
| Heartburn/indigestion       _No    _Yes     | Upper abdominal pain           _No    _Yes     |
| Breast lumps                  _No    _Yes   | Lower abdominal pain           _No    _Yes     |
| Bloody stools                 _No    _Yes   | Painful intercourse              _No    _Yes   |
| Depression/Anxiety          _No    _Yes     | Vaginal discharge               _No    _Yes    |

Other/Comments \_\_\_\_\_

Referring Provider \_\_\_\_\_ Primary Provider \_\_\_\_\_

Patient Signature \_\_\_\_\_ Today's Date \_\_\_\_\_

Clinician's Signature \_\_\_\_\_ Review Date \_\_\_\_\_